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Girls can be a mystery—

even to themselves. Sometimes girls just need a little guidance and know-how. They get that and more with *The Pocket Guide to Girl Stuff*. Acclaimed author Bart King delves into the secret world of girls—with the help of his five sisters and fifty other girls, of course.

Fashion, friends, and fun stuff—everything is covered in this volume petite enough to fit in any girl's purse.

Bart King is the author of *The Big Book of Girl Stuff*, *The Big Book of Boy Stuff*, *The Pocket Guide to Mischief*, and *The Pocket Guide to Games*. Bart lives in Portland, Oregon, where he makes batches of gooseberry marmalade.

CHILDREN'S ACTIVITY

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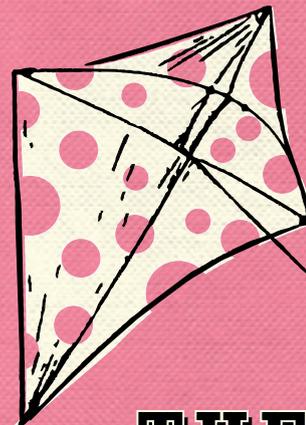


THE POCKET GUIDE TO
Girl Stuff



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**NO BOYS
ALLOWED!**

THE POCKET GUIDE TO

Girl STUFF

C O N T E N T S



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Mehndi (men-dee) Painting

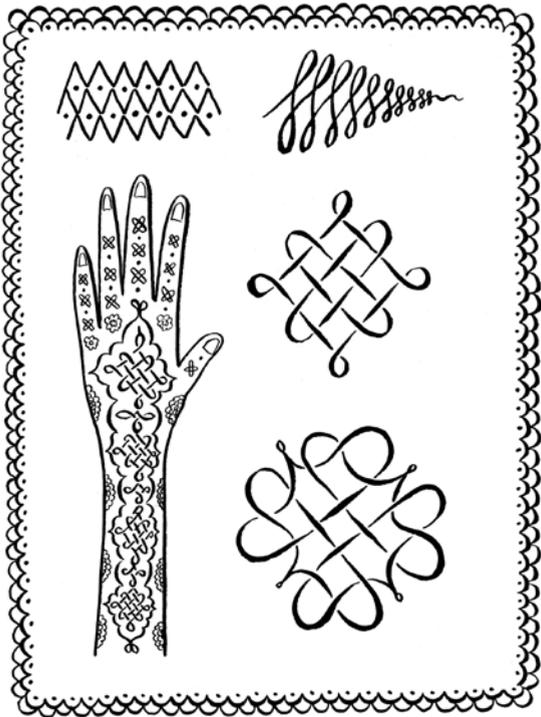
Give yourself a nonpermanent tattoo!

YOU WILL NEED: a friend, henna powder, tea, lemon or lime juice, sugar or honey, a nonmetal bowl. You also need either a pastry bag or a large plastic Ziploc bag.

Ancient Indian body painting is amazing. You can do it yourself, or there are probably artists in your area who can help you get started if you prefer. Henna is used as a skin and hair dye. You can find henna in organic food stores, beauty stores, Indian shops, and many other places. The henna you buy should look like a *green* or *brown* powder. Not black! And the fresher it is, the better it works.

Follow the directions that came with your henna, but also be willing to experiment. You will want to mix your henna and let it sit for a few hours, or even overnight.

Although “recipes” vary, mix the henna powder with some tea and lemon or lime



juice in a bowl to make a watery paste. Henna experts are reluctant to give exact amounts, but try starting with a ratio of 2:3 (powder-to-liquid).

Best Friend Test

So, she's your best friend, huh? We'll see about that right now!

1. When is her birthday?
2. What makes her really mad?
3. What is her favorite food?
4. Where was she born?
5. What is her middle name?
6. If she could be an animal, what kind would she be?
7. What is her blood type? (JK)
8. Who does she want to marry?
9. What does she want to be when she grows up?
10. How many pairs of socks does she own?

★ SCORING ★

After checking with your friend to see how you did, see the scoring guide below!

1-3 correct: Liar! You don't even know her!

4-6 correct: You might be her good friend, but her BEST friend?

7-9 correct: You ARE her best friend!

10 correct: You are either a genius or a stalker!