

BE STILL

SARAH CRAY

be Still

31 POSTCARDS

ILLUSTRATED BY
SARAH CRAY

\$12.99 U.S.

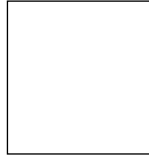
ISBN-13: 978-1-4236-5483-4
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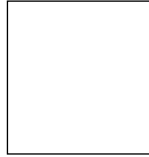
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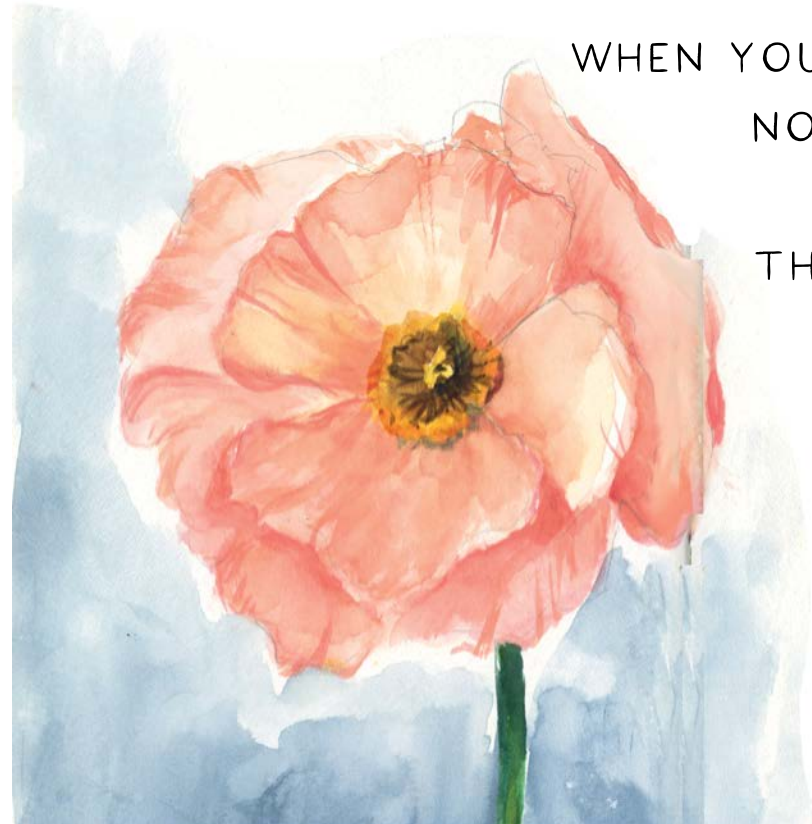


*The ideal of calm
exists in a
sitting cat.*

JULES RENARD

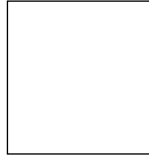




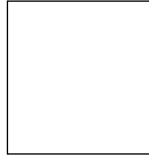


WHEN YOU REALIZE
NOTHING IS
LACKING,
THE WHOLE
WORLD
BELONGS
TO YOU.

Lao Tzu



Three horizontal lines for writing, positioned in the lower half of the white page.



*When our mindfulness
embraces those
we love,
they will
bloom like
flowers.*

THICH NHAT HANH



