

ADVENTURE
JOURNAL 

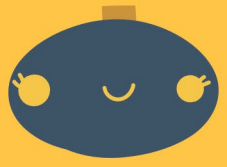
50

THINGS
TO TRY

IN THE

FALL

Activities for leaf-kicking, pumpkin-carving, trick-or-treating autumn nuts! Full of super-creative ideas and activities, plus some space to add your own, the pages of this journal-style book will help you get in the mood for Halloween and embrace the coziness of autumn!



\$12.99

Paperback
6 x 8 1/4 in, 64 Pages
Full-Color Illustrations,
Pub Date: July 2021



ADVENTURE
JOURNAL 

50 THINGS TO TRY IN THE
FALL

GIBBS SMITH 

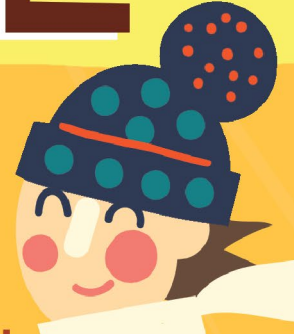
ADVENTURE
JOURNAL 

50

THINGS
TO TRY

IN THE

FALL



KIM HANKINSON



DANGLERS

TREE HUGGERS



FLYERS

HOW TO USE THIS BOOK

This book is full of daring-looking-thinking-listening activities everyone can try. Starting on any page, do as many activities as you can fit into a day and in any order you like.

The activities are color coded to help you choose what sort you would like to do. Match the activity key below with the colored circle in the contents list opposite or the colored circle enclosing each page number. There are extra pages for notes and doodles throughout the book.

Have fun and enjoy a wickedly wonderful autumn!

CONTENTS CHECKLIST

- 6 Feathered Friends
- 7 Bird Spotter
- 8 Autumn Colors
- 9 DAILY DARE
- 10 Home Sweet Home!
- 11 BAT-MOBILE
- 12 Changing Colors
- 14 Time Capsule
- 15 Mushroom Spotters
- 16 Denim of the Dead
- 17 Feeling Windy
- 18 Migration Station
- 20 Doodle Page
- 21 Berry BINGO!
- 22 Superstar
- 23 Doodle Page
- 24 Busy Animals
- 25 DAILY DARE
- 26 Under the Tree
- 28 Light-bulb Moment!
- 29 Doodle Page
- 30 Pop it in the Mail!
- 31 Sail Away
- 32 Brain Drain
- 36 Autumn Lights
- 37 Doodle Page
- 38 Walkabout
- 39 Wild One!
- 40 Hopping Mad
- 42 DAILY DARE
- 43 Doodle Page
- 44 Doodle Bugs
- 45 DAILY DARE
- 46 Boat Race
- 48 Light up Your Face!
- 49 In a Pickle!
- 50 One, Two, Tree
- 51 Doodle Page
- 52 Shadow Puppets
- 54 Doodle Page
- 55 DAILY DARE
- 56 "Fall" Games
- 58 Doodle Page
- 59 BOB
- 60 Un-beet-able Brownies
- 62 Memories
- 63 Doodle Page
- 64 Doodle/Notes Page

ACTIVITY KEY

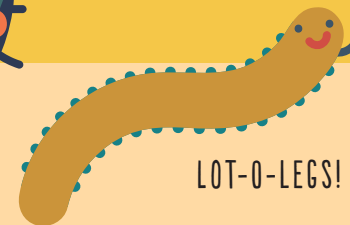
- EXPLORE
- DARE
- MOVE
- CREATE
- SKILLS
- CAREFUL!

Always ask an adult when you see a red warning symbol.

FANCY ONES



LOT-O-LEGS!



BUG HUNT

It is a great time to spot creepy-crawlies. How many types can you find?

Denim of the Dead

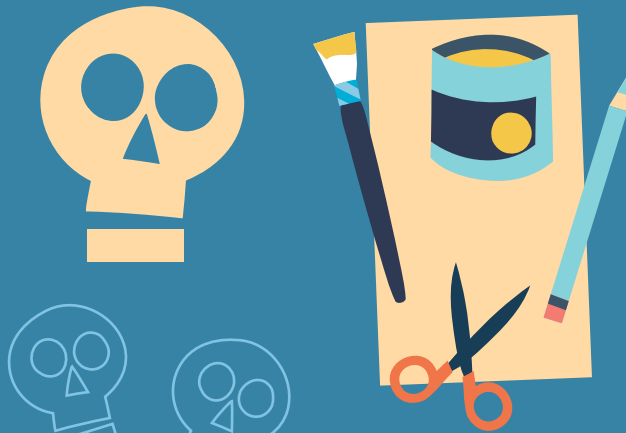
In celebration of *Día de los Muertos*, try this skull pattern.

YOU WILL NEED

PEN
SCISSORS
PAPER

OLD CLOTHING
PAINTBRUSH
FABRIC PAINTS
PENCIL WITH ERASER

1. Copy the skull design onto any size paper you like and cut out. This is your stencil.
2. Using your stencil, draw the skull shape onto the old clothing. You can do lots or just one.
3. Paint the inside of the skull in one color. Wait to dry.
4. Using the eraser of the pencil, dot fabric paint in contrasting colors on and around the skull. Experiment!



Feeling Windy

Try these easy ways to watch the wind!



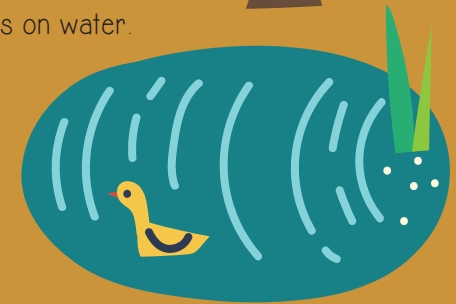
OTHER SENSES

Close your eyes and listen. Turn to face where you feel the wind coming from. Can you tell which direction it's blowing?



EYE SPY!

Look around for the movement of trees or the direction of ripples on water.



WET FINGER

Dip your finger in water and hold it up. It will feel cold in the direction the wind is coming from.

Draw a turkey! First, draw around your hand. Then add a beak and eye to the thumb, add a wing to the middle of the palm, and color!

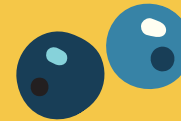


Berry BINGO!

Autumn is the time of year when berries grow. Can you complete a row of berries? Look outdoors and in shops too. Cross off each type you see.



BLACKBERRY



BLUEBERRY



RASPBERRY



RED CURRANT



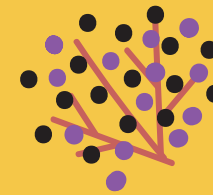
CLOUDBERRY



BOYSENBERRY



CRANBERRY



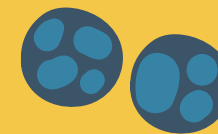
ELDERBERRY



HAWTHORN



LINGONBERRY



HUCKLEBERRY



STRAWBERRY



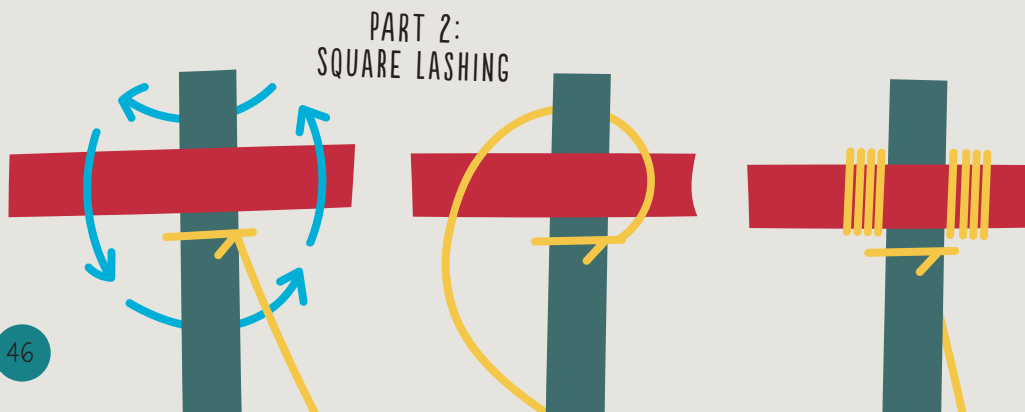
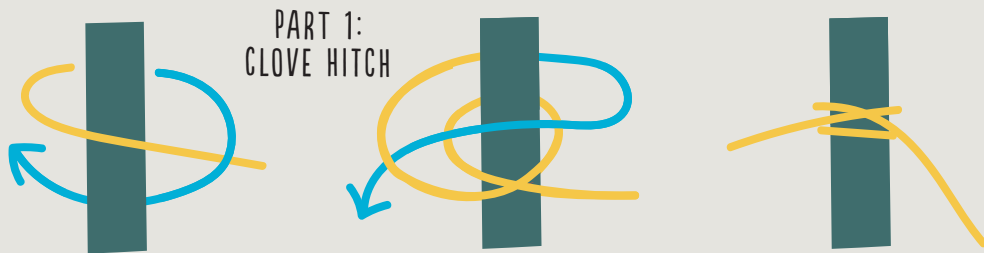
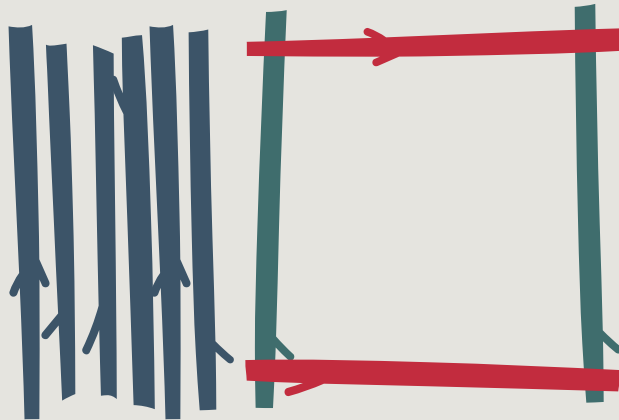
WARNING

Never eat wild berries without permission. Some are poisonous.

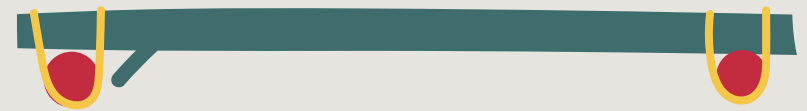
Boat Race

Make a twig raft! You can race these on a pond—just make sure you start upwind.

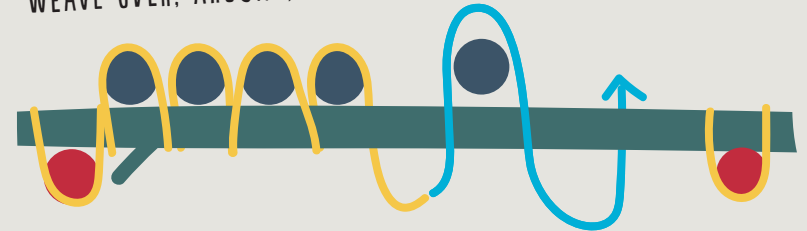
1. Make a square from four twigs.
2. Gather enough twigs to cover the base of the raft. Snap if too long.
3. Secure the corners. Try the knot sequence below or use tape.



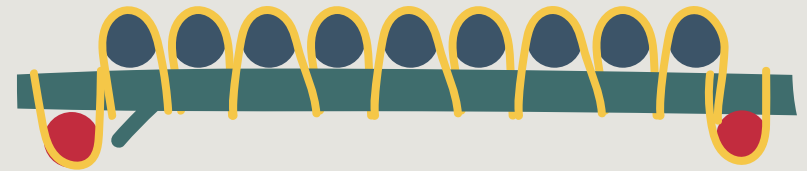
4. Construct the base of the raft by laying twigs on the frame one at a time. Secure with this weaving method or tape on!



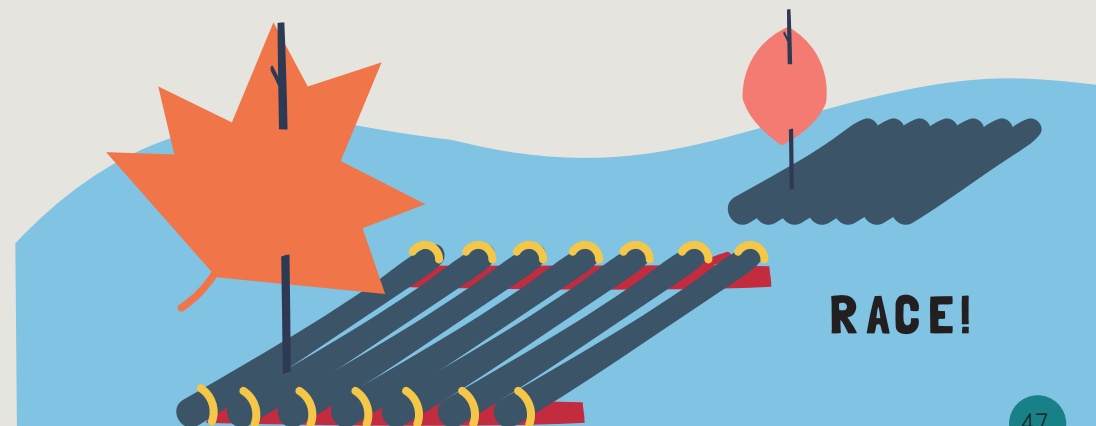
WEAVE OVER, AROUND, AND UNDER LIKE THIS:



REPEAT



5. Finally, make a sail with a thin twig and a big leaf. Poke the twig through the leaf at two points and push the base into a tight gap in your raft. Ready, steady . . .



Light up Your Face!

Try carving these fun faces in a seasonal squash.
Here are a few to get you started!



WARNING

You'll need an adult to help with squash carving.

In a Pickle!

Autumn is when food is harvested. Some of it gets pickled! But some got mixed up this time. Draw some unusual pickled things in the empty jars.



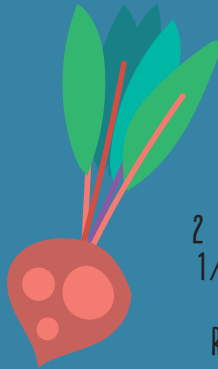
Un-beet-able Brownies

Carrot cake? Pumpkin pie? Zucchini bread? Surely not!
Try a sweet recipe full of autumn vegetables!

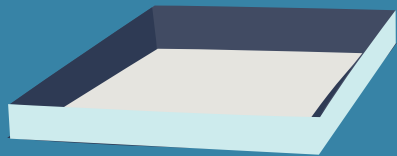
YOU WILL NEED

UP TO 1 1/2 CUPS BEET PURÉE

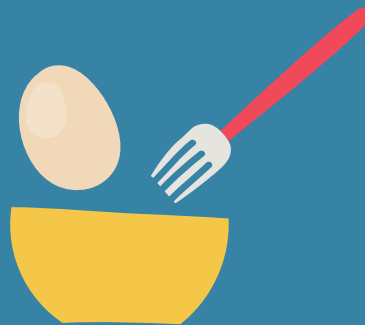
(Cut the stalk off one raw beetroot, wrap it in tin foil, and roast at 400°F for an hour or until soft. Leave to cool. Blend with a couple of tablespoons of milk until smooth.)



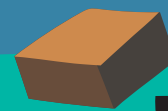
3/4 CUP UNSALTED BUTTER
1 1/2 CUPS FINE SUGAR
2 1/8 CUPS COCOA POWDER
A BIG PINCH OF SALT
2 LARGE EGGS
2 1/8 CUPS ALL-PURPOSE FLOUR
1/2 TEASPOON BAKING POWDER
CHOCOLATE CHUNKS
RAISINS OR NUTS (OPTIONAL)



1. Preheat the oven to 350°F. Line a baking tray with buttered parchment paper.
2. Add the butter to a saucepan. Stir over a low heat until it is all melted.



3. Using a big spoon, stir in the sugar, cocoa, and salt. Leave to cool for 5 minutes.
4. In a small bowl, beat the eggs with a fork and then pour them into the pan.



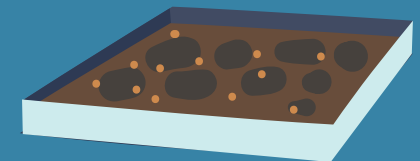
Trick or Treat!

Will you get a yummy or a yucky bite?!

Make a second batch of brownies, but add a tablespoon of curry powder or paprika to the flour. When both batches are cut into squares, arrange them mixed up on the same plate. To play this game, everyone chooses a brownie and shouts "Trick or Treat!" and then bites into their brownie . . .
Yay . . . or Yuck!!!!



5. Stir well with the spoon. Add the beet purée and mix well with the spoon.
6. Add flour and baking powder. Stir again! Your arm will be tired by now.



7. Throw in the chocolate and raisins or nuts (if using) and stir a little bit more. Pour into the baking tray.
8. Bake for 25 minutes. It should feel a little squishy but not be raw or runny. Let it cool before cutting into squares.



WARNING

Ask an adult before using the oven.